

Rugby High School Track & Field Results

NORTH DAKOTA STATE UNIVERSITY STATE INDOOR INVITATIONAL

NDSU Bison Sports Arena, Fargo, ND – Saturday, March 26, 2011

All times are FAT (Fully Automatic Timing)

60 Meter Dash

Emily Stier - 8.76
Kassi Jorgenson - 8.85
Allison Volk - 9.35

200 Meter Dash

Emily Stier - 29.02
Cassandra Jaeger - 31.05
Kassi Jorgenson - 31.27
Shanaya Fred - False Start/DQ

400 Meter Dash

Shanaya Fred - 1:08.79

800 Meter Run

Sydney Kraft - 2:37.28 - 4th place
Alexis Thompson - 2:54.12

1 Mile Run

Chandra Yankton - 5:48.74 - 2nd place

2 Mile Run

Hannah Christenson - 13:38.10 - 2nd place
Lauren Christenson - 13:40.35 - 3rd place

60 Meter Hurdles

Long Jump

Cassandra Jaeger - 12'10½"
Keylee Odden - 12'6"
Allison Volk - 12'3"

Triple Jump

Pole Vault

High Jump

Aubrey Hovland - 4'8" - 2nd place tie

Shot Put

Molly Koenig - 37'1¼" - 5th place
Michelle Lemar - 29'1¼"
Emily Fritel - 29'0"

4 x 200 Meter Relay

Emily Stier(29.64), Cassandra Jaeger(30.39)
Kassi Jorgenson(30.19), Shanaya Fred(29.83)
2:00.05 – 8th place

4 x 400 Meter Relay

Sydney Kraft(1:06.95), Shanaya Fred(1:12.31)
Cassandra Jaeger(1:12.78), Emily Stier(1:07.29)
4:39.33 - 5th place

4 x 800 Meter Relay

Sydney Kraft(2:38.69), Hannah Christenson(2:43.75)
Alexis Thompson(3:00.56), Chandra Yankton(2:42.76)
11:05.76 - 2nd place

GIRLS TEAM SCORES

1) Langdon Area	65.5
2) Benson County	57
3) Napoleon	54.5
4) Rugby	51
5) Carrington	44
6) Mott-Regent	37
7) Lisbon	35
8) Grafton	28
9) Kindred	25
10) Sargent Central	23
11) Thompson	21
12) Beulah	19
12) Griggs County Central	19
14) Central Cass	15
15) Barnes County North	14
16) Hazen	13.5
17) Parshall	13
18) Harvey/Wells County	9
19) Shiloh Christian	8
20) Wyndmere	7
21) Maple Valley	6
21) Fargo Oak Grove	6
23) Larimore	5
23) North Star	5
25) Pingree-Buchanan/Kensal	1.5